

**EPHRATA AREA SCHOOL DISTRICT  
803 OAK BOULEVARD  
EPHRATA, PA 17522**



For Immediate Release  
December 16, 2010

**Rotary and Foundation Donations Provide Wellness and Nutrition Workshops**  
District Students Visit Susan Byrnes Health Education Center

**December 16, 2010** -- District 3<sup>rd</sup> Grade students visited the Susan P. Byrnes Health Education Center in York to participate in workshops on wellness and nutrition. The students learned about the food pyramid, a healthy diet, colds and flu, and how to reduce the spread of germs.



*Health Educator Mary Smith, RN, BSN, taught the students about nutrition while Jackson Covoner looks on.*

The trip was paid for with a grant from the Rotary Club of Ephrata and funding from the Ephrata Area Education Foundation.

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*Sandy Gladfelter provided presentations about wellness and reducing the spread of germs.*

For additional information, please contact:  
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